

Contents

Preface	9
I. Towards a holistic aesthetic refinement	11
Style and Visual Good Manners	15
Form, Function, and Functionality	18
Beauty: A Human Need	24
A Holistic Aesthetic Inspired by Nature	27
Snow White’s Coffin and the Black Box	41
The FfmCFUS Ensemble	58
The Feast of Human Factors	77
A Toast to Sustainable Aesthetics	82
II. Sensory Aesthetic Experiences	97
Design and Sensory Experiences	99
Sight	106
Touch	114
Hearing	123
Taste	129
Smell	135

III. The Wisdom of the Body	141
The Multisensory Aesthetic Experience	143
The Aesthetic Experience in Everyday Life	166
Conclusion	181
Bibliography	183
List of quick response (QR) codes	199